

**REGISTRATION FORM - "Motivational Interviewing"**

May 9, 2014 • 9:00 am - 12:30 pm (Registration 8:30 am - 9:00 am)  
Piketon Comfort Inn, 7525 US Route 23, Piketon, Ohio 45661  
Trainer: Paula M. Taliaferro, MGS, LSW

**\$50 Fee Per Person - Checks Payable to Area Agency on Aging District 7, Inc.**

Name of Participant(s) \_\_\_\_\_

Agency/Facility Name \_\_\_\_\_

Participant Address \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Total Number Attending \_\_\_\_\_ Total Amount Enclosed \_\_\_\_\_

Please return completed registration form to:

Area Agency on Aging District 7, Inc. • Attn: Debbie Crawford • F32-URG PO Box 500 • Rio Grande, Ohio 45674-0500  
Questions? Call Debbie Crawford at 1-800-582-7277 • Fax - (740) 245-0029 • E-Mail - dcrawford@aaa7.org



Area Agency on Aging District 7, Inc.  
F32-URG PO Box 500  
Rio Grande, Ohio 45674-0500

**REGISTRATION DEADLINE:**

May 1, 2014

**NO REFUNDS After Registration Deadline**

Social Worker  RN  BELTSS  Other

**Title III B or C Provider**

(Registration Fee Paid by Grant - Do NOT Send Payment)

# Motivational Interviewing



**May 9, 2014**

9:00 am - 12:15 pm

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7525 US Route 23  
Piketon, OH 45661

\$50 Charge Per Attendee  
CEUs Available



## Motivational Interviewing

*Motivational Interviewing is a counseling technique that has been utilized very effectively in the addiction field for the past 30 years. It is a non-judgmental, non-confrontational and non-adversarial method of discussing an individual's goals and behaviors with them. Recently, many of the components of Motivational Interviewing have been adapted for use in other environments. This workshop adopts some of the elements of Motivational Interviewing for use in discussions with older adults and their families concerning issues which are challenging as individuals become more frail and in need of some assistance. These issues can include housing, transportation and healthcare. As families are often not communicating effectively in these situations, this workshop will explain techniques and provide advice on when and how to utilize this approach.*

## The Presenter

### Paula M. Taliaferro, MGS, LSW

*Paula M. Taliaferro is an Educational Consultant who has presented over 450 workshops related to aging issues in the past two decades. Until 1998, she was the Director of Training and Education at the Central Ohio Area Agency on Aging. Topics she has developed training around include "Sensitivity of Aging," "Communication with Older Adults," "Medicare, Medicaid and Social Security," "Caregiving Issues," and "Older Women's Issues." She holds a Master's Degree in Gerontology from the Scripps Gerontology Center at Miami University (Ohio) and a License in Social Work in the State of Ohio. She is Project Developer for the "DRIVE Training" curriculum which is required of all drivers in the Ohio Department of Aging and Ohio Department of Transportation systems in the State of Ohio.*

# Motivational Interviewing

## AGENDA

8:30 am - 9:00 am

REGISTRATION

9:00 am - 9:45 am

Introduction to Motivational Interviewing and Contrast with Other Commonly Used Approaches

9:45 am - 10:15 am

The OARS Approach - When and How to Use It

10:15 am - 10:30 am

BREAK

10:30 am - 11:15 am

Using the "Readiness to Change" Continuum

11:15 am - 11:45 am

Six (6) Suggestions for Adapting Elements of Motivational Interviewing in Tough Discussions with and between Family Members

11:45 am - 12:15 pm

Four (4) Suggestions for Adapting Elements of Motivational Interviewing in Discussions with Those Who Have Memory Impairment

12:15 pm

CONCLUSION/EVALUATIONS

## Course Objectives

*After the course, participants will be able to:*

- Describe the basic components of motivational interviewing and the reasons one might adopt its approach. Contrast it to other, more commonly used approaches in discussing challenging issues and behaviors.
- List the elements of the OARS approach as it applies to opening discussions with an older adult or family member. Contrast it to a modified OARS approach for use with those who have symptoms of dementia.
- Describe the "readiness to change" continuum and its use in discussions with older adults and their families.
- List six (6) techniques adopted from motivational interviewing to assist older adults and families in decision making.
- List four (4) techniques adopted from motivational interviewing to assist those who have symptoms of dementia to feel that they have some ownership in important decisions.

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*Approved for three (3) continuing education hours for social workers and counselors from the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board - #RCS011402.*

*The Ohio Board of Nursing accepts social work hours for RN CEUs. Approved for three (3) CEUs with the Board of Executives of Long-Term Services and Supports (BELTSS - formerly BENHA) - #139-C-14.*

*The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please indicate so on the registration form.*